HOUSING



Walk Your Way to Better Health

WITH A HEART



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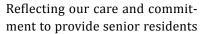


From our Chairman of the Board:

Service coordinators exemplify Affordable Senior Housing with a Heart

by Christopher M. Shelton, EHDOC Board Chairman

As chairman of the EHDOC Board, I proudly join my fellow board members, EHDOC staff, partners, and others in wearing the EHDOC pin with our logo "Housing with a Heart." Our pin not only identifies us as being part of the EHDOC team, but also lets others know that EHDOC cares for our aging residents.



with the highest quality of life in safe, secure and affordable housing is demonstrated by our staffing of well-trained and caring service coordinators. Our service coordinators are in continued communication with our senior residents, understand their changing needs as they age, serve as their strongest advocates for supportive services, and in so many ways, exemplify our motto.

In recognition of the extraordinary work of our service coordinators, Mayor Philip Levine and Miami Beach Commissioners recently issued a proclamation to give Antonio Sixto Acea, our service coordinator at Council Towers, public recognition. December 20, 2017 was designated to honor him for his services to the senior community of Miami Beach for the past 14 years. Similarly, many of our services coordinators have been given public and private recognition for their compassion and commitment to assist our older residents, and many others are "quiet heroes" valued by their older residents and communities.

EHDOC is pleased that through a positive partnership with the Department of Housing and Urban Development (HUD) we have 47 service coordinators working either full or



part-time in most of our facilities funded by HUD primarily as part of our facilities' operating budgets. HUD defines service coordinator as "a social service staff person who is responsible for assuring that residents, especially those who are frail or at risk of becoming frail, are linked to the specific supportive services they need to continue living independently and age in place. Their primary responsibility

is to help link residents of eligible housing with supportive services provided by community agencies."

The American Association of Service Coordinators (AASC) describes service coordinators as a valuable member of the management team in affordable housing communities who typically have social work or human services education and experience. Service coordinators assist in accessing needed supportive services to allow them to maintain their independence and remain in their homes and to avoid premature admission to more costly institutionalized care.

For many older residents, it is a voluntary opportunity to receive assistance from service coordinators to access a wide range of services that enable them to remain independent as they age. With an average age of 71 years, including three over the age of 100, EHDOC residents are fortunate to have service coordinators who have taken extraordinary efforts to assist frail and vulnerable older residents to access community-based health and supportive services.

A 2016 study by LeadingAge Center for Housing Plus Services and The Lewin Group found that "people living in senior housing with an available



SENIOR LIVING SENIOR DIGNITY

by Steve Protulis, EHDOC President and CEO

What will the impact of the Federal Tax Cuts be on affordable senior housing and residents?

Shortly before Christmas, Congress rushed passage of legislation (through modified rules and party lines votes) that would significantly cut federal taxes and related actions, including changes to the Affordable Care Act (Obamacare).

While it will take time to fully assess the impact of this historic tax cut, there is consensus that it will significantly benefit corporations (cutting their taxes nearly in half) and wealthy Americans more than middle and lower-income Americans, including the elderly and others with special needs. Given that this controversial legislation was enacted during the holiday season, some may portray the Republican tax bill in a symbolic way like giving huge tax breaks to wealthy Ebenezer Scrooge of Charles Dickens' *A Christmas Carol* rather than to his poor staff, Bob Cratchit, and disabled son, Tiny Tim.

A few years ago I expressed concern with the growing income inequality in our country, and how fear over increased federal deficit was part of the rationale used to justify significant cuts of federal funding for affordable senior housing, including the critically needed Section 202 senior housing program (*New Dimension*, Winter, 2014).

The Joint Committee on Taxation indicated that over 80 percent of the tax cuts would benefit corporations, business owners, and the wealthy; and that many middle and low-income families would experience little tax cuts and even have tax increases after these short-term tax cuts expire after seven years.

Unfortunately, the Tax Cut and Jobs Act (PL 115-97) will not only exacerbate income inequality, it will also increase



the national debt by \$1.5 trillion and worsen the critical shortage of affordable housing for low-income seniors.

While the tax cut bill will be very harmful to affordable senior housing, it could have been even worse. In part due to extensive advocacy by those of us supporting affordable housing, earlier provisions in either the House or Senate passed-bills would have removed or modified other essential housing resources, including the Low-Income Housing Tax Credit (LIHTC) and private activity bonds.

Unfortunately, with the exception of the recently enacted Omnibus FY2018 Appropriations, Congress has not funded the Section 202 senior housing production program since 2012; therefore, EHDOC and other non-profit sponsors of affordable senior housing have been forced to seek alternative funding through other scarce and highly competitive public and private resources, including housing tax credits, as well as funding from state and local governments.

Even though the final version of the tax cut act keeps both the housing tax credits and bond programs, their value to some private investors will be significantly reduced by other provisions of the tax act. For example, permanent cuts in the corporate tax rate (from 35 percent to 21

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A long road to safe senior housing



Julie Self with Melissa Wingate, Sunshine Center Community Manager

At age 70, Julie Self found herself without a home after being forced to leave an abusive living situation, both physical and mentally, with her family members. Colorado in December was cold, with temperatures in the low teens.

The police took her to a shelter. It was dirty and overcrowded, but she was fortunate to meet a case worker who listened to her situation and suggested that because of her limited income, Colorado was not affordable and she should consider returning to her hometown in Leesville, Louisiana. Taking the case worker's advice, Julie took a bus from Colorado to Alexandria, Louisiana, about 45 minutes to Leesville. The only way to get to Leesville was to take a cab, which cost her \$125. Once in Leesville, she rented a motel room for one night. She was able to contact former friends, who offered her a couch to sleep on for a price which included cooking and cleaning for them. At this point. she was almost broke and running out of hope. She was desperate and had no idea what she was going to do next.

She knew that she could not live like this, but could not afford anything else.

She decided to walk eight miles to town to try to get help. She went to a housing complex where they told her that her rent would be more than \$500 a month, far more than she could afford. The Sunshine Center, owned by EHDOC, has an excellent working relationship with other properties in the Leesville area and they suggested that she visit us. Julie walked another 5 miles, crying and praying with each step she took. She didn't think she could take another

step because her legs were hurting her so badly. She thought, "Once I get there, what will I do if they turn me away?" and she just kept praying for help.

When Julie walked into the Sunshine Center, Melissa Wingate, Community Manager, could see the sadness and desperation in her face and knew she was at the end of her rope. After

listening to her story, Melissa moved into action. She filled out the application and secured all the supporting documents. She contacted the local sheriff's department and explained the situation. The sheriff dispatched a deputy who took Julie that day to get a Louisiana ID card and change her social security card to Louisiana. The deputy brought her back to where she had been staying, because she had had to stay there one more night. The next day, the deputy picked her up and brought her to her new home at the Sunshine Center.

She came with only a trash bag full of clothes. Melissa Wingate immediately got in contact with local agencies and people in the

community who quickly furnished a bed, bedding, couch, chair, dishes, pots and pans, and the household items she would need. EHDOC furnished her with food from our food pantry.

We are so grateful that Julie found her way to our Sunshine Center where she is now an active part of our community. Many people here and at other EHDOC residences have started new lives because someone cared enough to reach out and let them know there was a place where they could find safe, affordable housing.

Smart Burners proven to be effective at Savoy Heights



Savoy Heights Manager and resident Joseph Fusilier

It isn't unusual for any of us to forget at some time to turn off a stove burner. The result, unfortunately, can be that the hot burner might burn a meal, ruin cookware or worse. Statistics state that cooking fires are #1 cause of home or apartment fires.

Approximately four years ago, as part of our ongoing effort to provide the safest living environment for our seniors, smart burners were installed on the stoves in all fifty-four units in Savoy Heights. These burners were designed to help extend the life of cookware, save money and energy, and most importantly help prevent cooking fires.

For several years, our residents did not experience any difference because of

the new, safer burners, but on March 13, 2018, smart burners were put to the test.

At approximately 11:00 a.m., the fire alarm sounded loudly at Savoy Heights. As trained, the staff rushed to the apartment that triggered the alarm. There was some smoke and a slight smell from a pot with chicken tenders in grease, prepared to fry for lunch. It was a huge relief when we saw that the smart burner technology had turned the burner off when it reached the desired temperature, preventing the grease from igniting and catching fire.

The tenant was amazed to learn how this preventative tool worked. At this point, the stove hood was turned on and we opened the windows to the apartment. There was no damage, and everyone was safe. Without smart burners, the same situation could have resulted in a major disaster, causing severe damage and putting other seniors that live here in harm's way.

Smart burners are a wonderful life saving device for residents in all EHDOC properties. ■

Lunch with Boston Mayor Marty Walsh

Ten residents from Robert A. Georgine Tower enjoyed St. Patrick's Day lunch with Boston Mayor Marty Walsh. The lunch at Warren Tavern provided an opportunity for the Mayor to meet informally with local seniors to gather feedback about city services and activities. Our seniors used the occasion to thank the Mayor for the services they receive, with several offering their opinions. Robert A. Georgine Tower is involved in many activities and services offered through the City of Boston. The event was organized by Warren Tavern and the Boston Commission on Affairs for the Elderly.



Mayor Walsh (2nd from left) at lunch with residents from Robert A. Georgine Tower

On any given night in 2017, nearly 554,000 people across the country did not have a safe, regular place to sleep.

make up more than 30% of the nation's homeless population.

HOUSING WITH A HEART...



VILLAGE DE MEMOIRE

Ville Platte, Louisiana

Residents celebrated Mardi Gras wearing traditional purple, green and gold costumes. A Mardi Gras King and Queen were crowned. Live Cajun music was played, and chicken and sausage gumbo were enjoyed by all.

WORLEY'S PLACE

Jacksonville, Arkansas

A food drive supported by generous residents who donated non-perishable food items generated an astonishing 442 lbs. of food. It was donated to the Arkansas Food Bank that assists hungry Arkansans.



WILLIAM W. WINPISINGER

Cleveland, Ohio

Residents exercised by stretching and marching in place

during National Heart Month.

Everyone learned that exercise should be performed daily to lower blood pressure, strengthen muscles and increase flexibility.



STEELWORKERS TOWER

Pittsburgh, Pennsylvania

Residents enjoy JAVA Music Club, a new peer support program that engages residents to help each other overcome loneliness and build new friendships.





SENATE APARTMENTS

Chicago, Illinois

60 residents were joined by 90 school children from Hannah G. Solomon Elementary School to celebrate the holidays. An annual concert by the children was a thrill for our seniors and delicious snacks were enjoyed by all.

...EVERY DAY AT EHDOC RESIDENCES



EARL M. BOURDON CENTRE

Claremont, New Hampshire

During Fire Safety Week, our resident received training from the local fire department that brought a ladder truck and lit a mock fire in the parking lot. Each resident was able to extinguish it with a hand-held extinguisher.



JOHN PIAZZA APARTMENTS

Fontana, California

Recognizing the importance of mobility for a good quality of life, specific concerns of senior drivers were addressed. Presentation of safe driving tips and new California laws were followed by a Q&A.



To raise money for the Senior Relief Fund Puerto Rico, residents baked and sold delicious pastries at a 2-day bake sale. Raffle tickets and candy bars were also sold, generating a grand total of \$1,560.



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teddy bear. During the hurricane, residents continued to receive water, food and electricity. ■

service coordinator were 18% less likely to be admitted to the hospital than people living in a community without a service coordinator." The potential significant savings of health and long-term care costs (primarily Medicare and Medicaid) by investing scarce federal funds into affordable senior housing staffed with service coordinators is enormous. According to AASC national data and reports, "if one month of nursing home care costs \$6,844 and maintaining a low-income older adult in their own home through accessing benefits and community-based supports and services costs \$2,499, taxpayers have saved \$4,345 every month for each low-income older adult who is able to continue to live independently."

As our President & CEO Steve Protulis has repeated reported, including his article "What's the Future of Affordable Senior Housing" in the previous Housing with a Heart, despite documented costsavings, the critical shortage of suitable and affordable housing, and the projected increase in the elderly population, federal funding for affordable senior housing continues to be woefully inadequate. Similarly, despite the documented significant cost savings, current and projected need, and the value and appreciation by senior residents and their families, federal funding for the staffing of service coordinators has essentially remained the same (about \$90 million) since Steve Protulis served as chairman of the AASC Board nearly a decade ago.

It is essential that we educate our Congressional members and candidates at all levels of government of the significant cost savings of having welltrained and caring service coordinators in federally assisted affordable senior housing, including Section 202 senior housing, not only to improve the quality of life of increasing numbers of older persons, but also to save taxpayers scarce funds by enabling older persons to agein-place and to avoid or delay more costly institutional care. Service coordinators are a key to "Affordable Senior Housing" with a Heart." We are proud of all service coordinators working at EHDOC under the leadership of Shirley Pendergraft.

Way to better health

BOOST ENDORPHINS

by easing stress, tension, anger, fatigue and confusion in 10 minutes of walking

LIMIT SICKNESS

by lowering odds of catching a cold

WORK ARMS

and shoulder muscles

REDUCE COLON CANCER RISK

by 31% in women

BUILD BONE MASS

to reduce the risk of Osteoporosis

STRETCH LEGS

including quadriceps, hip flexors and hamstrings

DECREASE THE RISK

of Glaucoma

REDUCE ALZHEIMERS

disease risk over 5 years

IMPROVE HEART HEALTH

by increasing heart rate

LOWER BLOOD PRESSURE

by at least 5 points

STRENGTHEN YOUR CORE

by engaging ab muscles

INCREASE CIRCULATION

in your legs and throughout

IMPROVE BALANCE

to prevent falls



WELCOME **NEW TEAM MEMBERS**

MANAGERS



Debbie Lewis **Teamsters Residences** Maumee, OH



Shawna Adkins Worley's Place Jacksonville, AR

SERVICE COORDINATORS



Jane Warn William W. Winpisinger Cleveland, OH



Janette Gonzalez Anthony J. DeLorenzo Towers, Bristol, CT

EHDOC SENIOR RELIEF FUND

The EHDOC Senior Relief Funds assists seniors in paying their security deposit, and provides needed support in order for them to be able to live in a safe and secure EHDOC property.

Donations can be made by check or credit card. They are tax deductible.

Visit www.ehdoc.org today to make your donation.

THANK YOU.





Steve Protulis, EHDOC President & CEO and Diane Yentel, President & CEO of the National Low Income Housing Coalition. Mr. Protulis attended their conference in Washington DC.

Steve Protulis continued from page 3

MISSION STATEMENT

EHDOC develops and manages safe, secure and affordable housing for senior citizens across the United States, EHDOC advocates for the highest quality of life for the seniors of today and tomorrow.



HOUSING WITH A HEART

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Elderly Housing Development & Operations Corporation

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percent) will lower the value of the LIHTC, leading to less investment and affordable housing production. As Peter Lawrence, Director of Public Policy and Government Relations of Novogradac, explained at the recent EHDOC board meeting, his accounting firm estimates that the 21 percent corporate tax rate would reduce LIHTC equity by \$1.7 billion, and combined with other tax changes result in a 16 percent decrease in unit production or a loss of 235,000 affordable housing units over the next decade.

The negative impact on affordable senior housing was a concern that EHDOC, LeadingAge, and others have with the enacted tax cut act. An article by Linda Couch, LeadingAge V.P. of Housing Policy, indicated that the act doesn't provide any adjustments to offset the negative impact that the lower corporate tax rate would have on investments in affordable housing, and doesn't include the proposed improvements to the tax credit program contained in the bipartisan supported Cantwell - Hatch Affordable Housing Credit Improvement Act (S. 548), including provisions to expand the program by 50 percent and incentives for serving a higher percentage of extremely low-income people.

While EHDOC is pleased that the FY2018 Omnibus Appropriations bill that finally passed in late March included provisions to increase funding for Section 202 Senior Housing and also increased (12.5%) and reform the NLIHC program, EHDOC will continue to support legislation (including S. 548) for additional reforms and to expand the low-income housing tax credit program necessary to increase the supply of critically needed affordable housing.

In addition to the enacted provisions of the tax cut act that would adversely affect affordable senior housing, there is also a concern about its impact to significantly increase the national debt. As AARP expressed in its letter to Congress, "the large increase in the deficit will inevitably lead to calls for greater spending cuts, which are likely to include dramatic cuts to Medicare, Medicaid, and other important programs serving older Americans." In addition, the loss of federal revenues and concerns with the increased federal debt could be used to justify future cuts in various affordable housing, community development, and rental assistance programs administered by the federal Department of Housing and Urban Development (HUD).

In addition to the federal tax cuts act and its adverse impact on the supply and operation of affordable senior housing, the Administration released on February 12th its proposed FY2019 budget (only days after the 2nd government shutdown) that would further cut the HUD budget by over \$11 billion compared to the **FY2018 Omnibus Appropriations for** affordable housing; as well as proposed cuts for Medicare, Medicaid, food stamps and other programs greatly needed by low-income seniors.

The political fight over priority use of reduced federal funds resulting from the huge tax cuts will become even more intense during negotiations for FY2019 funding and anticipated partisan actions during the 2018 midterm election campaigns. It is essential that our voices be heard by our Congressional members and candidates at all levels of government on the need to fund affordable senior housing, including the Section 202 senior housing production program.

It is vital that our public officials and candidates, not only understand the critical need and benefits of suitable and affordable housing for vulnerable lowincome seniors, but also understand and support the cost-effectiveness of an investment in affordable senior housing as part of a strategy to save public and private resources in health and long-term care costs. The election results will be a test of our future national values and priorities for scarce federal funds and the quality of life for older Americans.

EHDOC Communities Nationwide

Working to meet the need for senior housing across the country

Arkansas

Jacksonville Towers Jacksonville

100 units | 9 story

Worley's Place

Jacksonville 44 units | 3 story

California

Dino Papavero Senior Centre

Fontana 150 units | 11 story

Murray Place

Bell

71 units | 5 story

Steel Plaza

Los Angeles 65 units | 11 story

John Piazza Apartments

Fontana 59 units | 4 story

Minerva Manor

Fontana 63 units | 3 story

Connecticut

Anthony J. DeLorenzo Towers

Bristol 90 units | 5 story

Stonington Arms

Pawcatuck 75 units | 2 story quadraplex

Florida

Council Towers North

Miami Beach 125 units | 12 story

Council Towers South

Miami Beach 125 units | 12 story

EHDOC MC Pepper Towers

150 units | 12 story

Palermo Lakes Apartments

Miami

109 units | 15 story

Robert Sharp Towers I

Miami Gardens 109 units | 7 story **Robert Sharp Towers II**

Miami Gardens 109 units | 7 story

George Humphrey Towers

272 Units | 17 story

Illinois

North Park Village Apartments

Chicago

180 units | 2 & 3 story

Prete Apartments

Chicago

75 units | 4 story

Senate Apartments

Chicago

240 units | 4 story

Edward M. Marx Apartments

Chicago

31 units | 3 story

J. Michael Fitzgerald

Apartments

Chicago 63 units

Louisiana

Chateau des Amis

Ville Platte

49 units | 2 story

Leisure Lane Apartments

Ravne

19 units | garden style

Morse Manor

Morse

19 units | garden style

Oakwood Apartments

Chenevville

16 units | garden style

Pine Grove Apartments

Pineville

77 units | 2 story

Point Villa Apartments

Church Point

19 units | garden style

Riverbend Apartments

Mermentau

22 units | garden style

Savoy Heights Apartments

Mamou

54 units | 2 story

Sunshine Center Apartments

Leesville

37 units | garden style

Village de Memoire

Ville Platte

115 units | 2 story

Maine

Chateau Cushnoc

Augusta

60 units | 3 story

La Maison Acadienne

Madawaska

62 units | 3 story

Spring Rock Park Leeds

Leeds

20 units | 2 story

John Marvin Tower

Augusta

32 units | 3 story

Montfort Heights

St. Agatha, Maine 21 units | 3 story

Marvland/ Washington, DC

Council House

Marlow Heights 161 units | 9 story

Morton & Florence Bahr Towers

Washington

54 units | 5 story

Massachusetts

Robert A. Georgine Tower

Charlestown

42 units | 6 story

South Boston Elderly

Boston

50 units | 3 story

New Hampshire

Earl M. Bourdon Centre

Claremont

80 units | 3 story

New Mexico

Edward Romero Terrace

Albuquerque 40 units | 4 story

New York

Clyde F. Simon Lakeview I

Rath

150 units | 5 story

Clyde F. Simon Lakeview II

Bath

39 units | 3 story

Jack Kenny Memorial

Rochester

91 units | 6 Bldg - 2 story

Ohio

Mayfield Manor I

Canton

144 units | 6 story

Mayfield Manor II

Canton

66 units | 8 story

Mayfield Manor III

Canton

40 units | 4 story

Teamsters Residence

Maumee 52 units | 1 story quadraplex

William W. Winpisinger

Cleveland

42 units | 7 story

Pennsylvania

Hugh Carcella Apartments

Reading

120 units | 11 story

I.W. Abel Place

Pittsburgh 49 units | 6 story

Llovd McBride Court

Millvale

58 units | 5 story

Lynn Williams Apartments

Pittsburgh 42 units | 5 story

Steelworkers Tower

Pittsburgh 79 units | 11 story

Puerto Rico

Torre Jesus Sanchez Erazo

Bayamon

100 units | 11 story



