



Affordable Housing
For The Elderly

SUMMER 2024

HOUSING WITH A HEART



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FEMA (Federal Emergency Management Agency) is used by the federal government for short-term funding for recovery. It is limited to 18 months following the declaration by the President that an area has experienced a national disaster. The NLIHC examined the funding process for FEMA, identified issues and problems, and is working on pending disaster reform legislation. The result is a multi-page list of recommended reforms anchored by 7 main sections (listed below):

1. Take immediate actions to ensure survivors with the greatest needs have access to safe, decent homes while they get back on their feet (supported by 5 reform initiatives).
2. Establish coordination with other federal agencies (with 3 reform initiatives).
3. Allocate FEMA resources fairly and adequately to meet the needs of homeowners, renters, and people experiencing homelessness based on the greatest unmet housing and infrastructure needs after the disaster (3 initiatives).
4. Protect displaced individuals from discrimination and help speed recovery efforts (7 initiatives).
5. Improve transportation assistance programs (3 initiatives).
6. Protect against future disasters (4 initiatives).
7. Issue guidance reaffirming that all federal wage, hour and worksite safety protections are in place and are enforceable.

HUD (U.S. Department of Housing and Urban Development) is used for long-term funding and actions for disaster recovery. The Community Development Block Grant Disaster Recovery program, with funds released by Congress and distributed by HUD, helps rebuild disaster-impacted areas and provides seed money to start the long-term recovery process for cities, counties, Indian tribes and states. The grants help especially in low-income areas. Like their review of FEMA, the NLIHC produced a policy recommendation document for HUD's disaster recovery programs including 7 main areas of improvement supported by a total of 38 reform initiatives.

We sincerely hope these recommended disaster reforms and initiatives can be adopted. We'd like to know that should an emergency or disaster strike one of our affordable housing communities, we could reach out with confidence to a disaster recovery agency. In emergency situations, we assemble all property staff to take care of our seniors with all measures that are needed, and also rely on our EHD OC Senior Relief fund to help. For instance, in an extended power outage when residents' food spoils, the Senior Relief Fund can assist them with meals, water, gift cards, or necessities.

I am deeply committed to ensuring that our seniors feel happy, secure, and valued while living with us. The safety and comfort of our residents are our top priorities, and we are dedicated to maintaining the trust they have placed in us by choosing an EHD OC community as their home.



EHDOC Roundup

Promotions and Welcomes



Promotion

Brian Zitnik

Congratulations to Brian Zitnik on his recent promotion to Senior Vice President of Property Management! Mr. Zitnik joined EHDOC as Vice President of Property Management last summer. His exceptional leadership and dedication have been pivotal to our success. Please join us in congratulating him on this well-deserved achievement and in looking forward to his continued contributions here at EHDOC.



Welcome

Rachel Shaw Callahan Human Resources Director

We are thrilled to introduce Rachel Shaw Callahan, who joined our team in April 2024 as the new Human Resources Director at EHDOC. Ms. Shaw Callahan has over 25 years of Human Resources experience in consulting and industry roles. Ms. Shaw Callahan is responsible for designing, planning, implementing, and overseeing human resources programs and policies including candidate and onboarding experiences, employee relations, compensation matters, benefits, leaves, and much more. With her extensive experience and passion for fostering positive work environments, Ms. Shaw Callahan will be pivotal in supporting our mission. Join us in welcoming her to the EHDOC family!



Welcome

Paula Hall Vice President of Asset Management

Please join us in welcoming Paula Hall to EHDOC! Ms. Hall has been involved in multifamily housing for over 30 years. Prior to joining EHDOC, Ms. Hall was the Vice President of Asset Management for Dominion's owned portfolio for 10 years, representing for more than 200 assets and approximately 40,000 units in over twenty states. The Asset Management department develops a long-term operational strategy for each property and determines optimal positioning for an asset for value events, including refinance, rehab or re-syndication and future dispositions. We're happy to have Ms. Hall on the EHDOC team!

Learn more about these bright new additions to the EHDOC Executive Team at <https://ehdoc.org/executive-team> and scroll down.

Vendor Excellence:



We're proud to highlight Atrium, a key partner in EHDOC's recruitment efforts. Their South Florida recruiter, **Nicholas Baurichter**, has been instrumental in enhancing our team. Nick's decade of experience in business development, combined with his finance background, allows him to deeply understand our unique needs. His personalized approach ensures each candidate is not just qualified, but an excellent fit for our organization.

We're grateful for Atrium and Nick's dedication to EHDOC. Their ability to match us with top talent has been crucial to our success. This partnership exemplifies how the right staffing collaboration can drive an organization forward. Thank you, Atrium and Nick, for your exceptional service and commitment to EHDOC's growth. **We look forward to continuing our successful partnership!**

Affordable Housing Briefs

National Low Income Housing Coalition

1.

From Shelterforce.org, August 1, 2024:

What Makes Affordable Housing “Green”

“Green” buildings are designed and constructed to minimize energy and water use, are built with sustainable materials and materials that can withstand extreme weather, and in some cases, are located to avoid sensitive ecosystems of wildlife or wetlands. Using green standards in affordable housing can be tricky, as not all states or cities have green building standards and development may be influenced by tax incentives offered federally, by the state, or city. Also of note, most energy standards cover new construction, and not retrofits.

Most of us are familiar with Energy Star, administered by the Environmental Protection Agency, which focuses on efficient energy use in appliances as well as windows, doors, and thermostats. Another standard, Fortified, created by the Insurance Institute for Business and Home Safety, is a construction and roofing program. LEED, Leadership in Energy and Environmental Design, organized by the U.S. Green Building Council, has been influencing green construction since 1990.

Building green has become easier for developers over the last several years due to a higher availability of sustainable materials, and and more familiarity with the standards. In April, HUD released a list of energy efficient standards for new construction of HUD and USDA-financed housing.

Overall, the housing industry, including affordable housing, will embrace that the slight increase in construction costs for a green development are significantly outweighed by the resulting long term energy savings.

Read the entire article here: <https://shelterforce.org/2024/08/01/what-makes-affordable-housing-green/>



2.

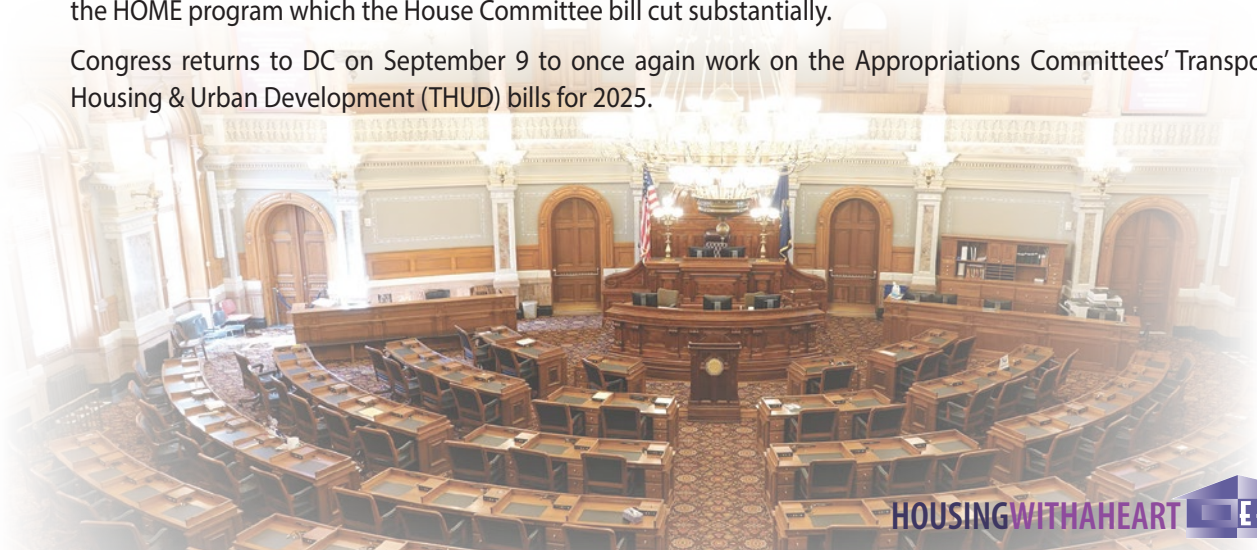
From LeadingAge, Senior Housing Weekly, July 26, 2024:

Funding for New Section 202 Homes Proposed

The Senate Committee on Appropriations included \$115 million for new Section 202 Supportive Housing for the Elderly homes in its fiscal year 2025 bill. Neither the House Appropriations Committee bill nor the HUD 2025 budget requests included funding for new Section 202 homes.

In addition to the \$115 million for new homes, the bill also includes \$10 million to support the conversion of Section 202 Project Rental Assistance Contracts through the Rental Assistance 2 Demonstration, and increased funding for the HOME program which the House Committee bill cut substantially.

Congress returns to DC on September 9 to once again work on the Appropriations Committees’ Transportation, Housing & Urban Development (THUD) bills for 2025.





EHDOC Communities Celebrate Flag Day

Flag Day is a United States holiday celebrated annually on June 14th. It commemorates the adoption of the design of the first national flag of the United States on June 14, 1777 by resolution of the Second Continental Congress. In 1916, President Woodrow Wilson marked the anniversary of that adoption by proclaiming June 14th as Flag Day. On August 3, 1949, National Flag Day was officially established by an Act of Congress. Flag Day is not an official federal holiday. Federal law leaves it to the discretion of the President to officially proclaim the observance.

STEELWORKERS TOWER



Pittsburgh, PA

Thank you to the Engine 38 Fire Department and our local First Responders for assisting with our Flag Raising Ceremony. Residents enjoyed the officers' visit, and it was a beautiful day to gather to honor our flag.

JACKSONVILLE TOWERS

Jacksonville, AR

Jacksonville Towers held a Flag Raising Ceremony on June 14th. We invited Jacksonville's Fire Chief, Allen Laughy to commence the ceremony and give words of encouragement and inspiration.

MORTON & FLORENCE BAHR TOWERS

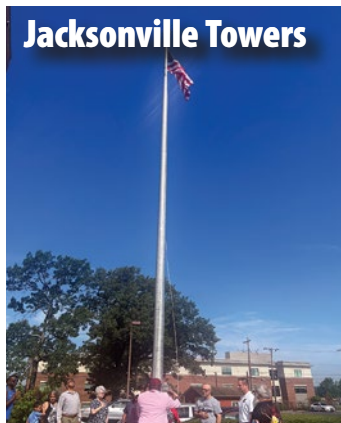
Washington, D.C.

To honor Flag Day, residents participated in an arts and crafts activity. Our Service Coordinator, Adelaide Golden, talked about the stripes, stars, and the pledge to the flag, and mentioned that at one time it was called 'Old Glory.' Each resident who participated was given a mini flag.

PINE GROVE APARTMENTS

Pineville, LA

Our Flag Raising Ceremony at Pine Grove Apartments was held on June 13th. We were so appreciative of Mayor Dupree, who donated our new flag but was unable to attend. Our resident Winn Johnson, a veteran, raised the flag. Community Manager Calantha Moore spoke about the meaning and design of the flag, and everyone enjoyed popcorn and tea in the lobby after the ceremony.



MOSAICO

Miami, FL

Mosaico held its Flag Ceremony on Thursday, June 6th, with our staff, the veterans of our building, and dignitaries of the community. It was a very emotional ceremony because June 6th commemorates D-Day (Normandy). City of Miami Commissioner of District 1 Miguel Angel Gabela and Police Sargeant Ramon Odio spoke about our country, the wars fought, and the importance of liberty. Residents enjoyed the event. Additional notable attendees included The City of Miami Mayor Francis Suarez's Office represented by Jose Avarez and Cynthia Cruz; Angel Gonzalez, Community Liaison; Miami-Dade Commissioner of District 3 Keon Hardemon represented by Ms. Martha Whisby; The City of Miami Police Department and Honor Guard represented by Sergio Guerrero, Crime Prevention Specialist and staff; and Maria Porras of Healthsun.

PALERMO LAKES

Miami, FL

Our residents, staff, EHD OC Regional Manager Michelle Juan and Regional Service Coordinator Manuel del Valle, and City of Miami officials met at Palermo Lakes to celebrate and honor our Flag Raising Ceremony on June 20th. We thanked our City of Miami Commissioner Miguel A. Gabela and Community Liaison Angel Gonzalez as they generously donated our flagpole and engraving plate to our property. We also thank our Commissioner of District 6 Kevin Cabrera, Alicia Fernandez, Jose Gonzalez and Cynthia Cruz from the office of the City of Miami Mayor Francis Suarez. Our residents felt proud of the ceremony and afterward, enjoyed a delicious snack.





Point Villa Apts.



Prete Apartments



Teamsters Residences



Steel Plaza



Council House



POINT VILLA APARTMENTS

Church Point, LA

On June 13th, Point Villa Apartments held our Flag Day Ceremony to honor all that our American Flag represents. Property Staff along with residents gathered near the flagpole. Resident Paul Babineaux, a U.S. veteran, led the group in the Pledge of Allegiance, and a speech about what our Flag means was read by Service Coordinator Celena Regan. Residents learned or were refreshed on the meaning of the flag's stars, stripes and colors.

PRETE APARTMENTS

Chicago, IL

The Flag Raising Ceremony we planned for June 14th turned out to be a wonderful success. Our Service Coordinator, Ellen Ozersky, prepared for the event with a recording of Lady Gaga performing the National Anthem. One of our residents volunteered to raise the flag. On the morning of the event, local police officers arrived unexpectedly to assist, with one officer raising the flag. Our residents, with their right hands over their hearts, sang proudly along with the anthem. The ceremony exceeded our expectations, and we are grateful to the officers who joined us at Prete Apartments!

TEAMSTERS RESIDENCES

Maumee, OH

On June 14th, veteran residents led our Flag Raising Ceremony. Veteran Michael Belair raised the flag, and Francine Clouse (not a veteran) sang the national anthem. Other veterans assisted in the program. The staff grilled hamburgers and hotdogs at the cook-out which followed, and residents enjoyed coming together to enjoy the celebration, eat, and enjoy one another's company.

STEEL PLAZA

Los Angeles, CA

On July 2nd, Steel Plaza residents were able to honor the American Flag, a symbol of patriotism during our Flag Raising Ceremony. Residents, onsite staff, and local Field Deputy Staff from 34th District Jimmy Gomez's office participated. Three resident volunteers Yong Shim, Samuel Kim, and Chong Park, a wife of a former veteran, carried the flag for posting, saluted the flag, and led the pledge to the flag. Our Service Coordinator, Angela Larios, read a poem. Residents listened to beautiful patriotic songs during a social with coffee and donuts after the ceremony.

COUNCIL HOUSE

Suitland, MD

Our Flag Day ceremony on June 14th featured Keyona Hargett from the Navy Personnel office who sang the National Anthem, while the Station 829 Local Fire Department organized by Battalion Chief Braggs raised the flag. We provided small flags and breakfast to all attendees.



EHDOC Communities Come Together

Every year, EHDOC's Lynn Williams Apartments in Pittsburgh, PA and Lloyd McBride Court in nearby Millvale, PA combine forces to hold two fundraisers to benefit worthy non-profit causes. Service Coordinator Denise Botti shares the events with us!

PLANT SALE

Residents and staff hold two plant sale fundraisers annually to collect money for the EHDOC Senior Relief Fund. The communities have been conducting this annual fundraiser since 2013.

In March, annuals, hanging baskets, vegetables and herbs are sold between Mother's Day and Memorial Day. Then in October, beautiful poinsettias and Christmas cactus plants are available to bring joy for the holiday seasons.

In this year's spring sale, we raised \$405.25 for the Senior Relief Fund. The 2024 Poinsettia Plant sale will be coming up soon.



Donate to EHDOC's Senior Relief Fund at ehdoc.org/donate. Your contributions are appreciated!

LEMONADE STAND



Summertime is lemonade time! Since 2008, Lynn Williams Apartments and Lloyd McBride Court residents and staff have hosted lemonade stand fundraisers in July to benefit Alex's Lemonade Stand Foundation, a non-profit organization dedicated to funding research for childhood cancer.

Hot dogs, lemonade, and snacks donated by the residents and staff are usually sold outside both properties on two Fridays in July. However, this past July was too hot for our residents to be outside. Instead, residents were able to purchase paper lemons, write their names on them, and display them next to a lemonade goal "cup" posted inside.



You Can Help Our Seniors!

EHDOC's Senior Relief Fund is a part of our 'Housing with a Heart' mission that, among many things, assists residents who struggle with gaps in paying for monthly household and healthcare expenses. Thanks to our generous partners and friends like you, the Senior Relief Fund provides peace of mind to our seniors nationwide. **Won't you help us make a difference?**

**EHDOC
SENIOR RELIEF
FUND**



Donations may be made by check or credit card.

They are tax deductible.

Visit www.ehdoc.org/donate today to make your donation.

THANK YOU!

MISSION STATEMENT

EHDOC develops and manages safe, secure and affordable housing for senior citizens across the United States, Washington, DC & Puerto Rico. EHDOC advocates for the highest quality of life for the seniors of today and tomorrow.



HOUSING WITH A HEART is a publication of Elderly Housing Development & Operations Corporation.



Elderly Housing Development & Operations Corporation

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More Affordable Housing for Seniors is **Crucial!**

By Roland J. Broussard, Senior Vice President of Operations and Development

More affordable housing for seniors is a crucial aspect of ensuring the well-being and quality of life for our expanding elderly population. As EHDOC operates at the forefront of this effort, let us highlight the significance of affordable housing for seniors, the challenges EHDOC faces in providing such housing, and the potential solutions to address this ever-growing demand.

Four Major Components of the Importance of Affordable Housing for Seniors

Promoting Independence - Affordable housing for seniors allows older adults to maintain their independence while receiving necessary support and services tailored to their specific needs. EHDOC properties are defined as 'independent living'. We continue to promote an 'aging in-place' concept in community development and management by not only providing a beautiful place for our seniors to call home, but also providing an array of supportive services and activities.

Social Connection - Living in an EHDOC community of peers fosters social connections, reducing isolation and promoting mental well-being among seniors. From family and friends to providers, care takers, and EHDOC staff, social connections instill a positive mental attitude towards achieving a healthier and independent lifestyle. EHDOC's 'Housing With A Heart' approach fosters meaningful relationships that enrich seniors lives and promotes a sense of belonging.

Financial Stability - Affordable housing options ensure that seniors can allocate their limited financial resources towards healthcare, medication, food, and other life essential needs. EHDOC works tirelessly to secure and maintain a variety of funding sources from the U.S. Department of Housing and Urban Development (HUD) and other local, state and federal agencies to assist EHDOC in carrying out its mission. This includes long-term contracts to secure project-based rent subsidies, grants for supportive services and meal programs, and construction and permanent debt financing and more! In doing so it keeps seniors rents affordable and provides a sense of security, eliminating anxiety of displacement or homelessness.

Health Benefits - Access to safe and affordable housing positively impacts the physical and mental health of seniors, reducing stress and promoting overall well-being. EHDOC's supportive services personnel continue to research ways to connect our senior residents to the appropriate health benefits they need and deserve. EHDOC's relationships with local care and service providers is an essential component of the success of EHDOC and to the aging in-place concept we believe is allowing our seniors to live longer independently.

Challenges in Providing Affordable Senior Housing

Limited Availability - The demand for affordable senior housing exceeds the supply, resulting in long waitlists and limited options for older adults. EHDOC's waitlist is growing by the thousands as we maintain our focus on expanding opportunities for new affordable housing inventory across the country while working to preserve our existing portfolio.

Funding Constraints - Securing funding for affordable senior housing projects can be challenging and time consuming, leading to delays in development and construction. This is primarily because of limited funding sources, the competitive playground, and the extended length of time it takes for the project to materialize. For example, at North Park Village in Chicago, a 180-unit acquisition/rehab we closed in early 2021, EHDOC secured nine (9) separate local, state and federal funding sources to make the project underwrite and become a reality, each with its own separate set of rules and regulations for ongoing compliance.

Accessibility - Many existing aging housing structures lack the necessary accessibility features for seniors with mobility issues or disabilities. EHDOC strives to ensure all units are accessible and that common areas and amenities are specifically tailored to accommodate our aging population.

Location - Affordable senior housing should be located in areas that are easily accessible to healthcare services, social amenities, and public transportation. Many funding sources, including state agencies who administer and monitor the IRS Section 42 Low-Income Housing Tax Credit Program, score applications from non-profits applying for funding based on the location of a proposed site or existing property.

Solutions for Affordable Senior Housing

Government Initiatives - Increased funding and support from local, state and federal government agencies can facilitate the development of affordable housing projects for seniors. EHDOC, in collaboration with LeadingAge and others we do business with, continues to advocate to have Congress increase funding and streamline the process.

Public-Private Partnerships - Collaboration between public and private entities can help address funding gaps and expedite the construction of affordable senior housing. Mosaico Apartments (pictured above right) is a supreme example of this effort – it works!



Mosaico, Miami, FL

Innovative Design - Incorporating universal design principles in housing construction can make spaces more accessible and inclusive for seniors of varying abilities.

Community Engagement - Involving local communities in the planning and development of senior housing can ensure that the needs and preferences of older adults are considered. When EHDOC develops in any community, we become a long-time neighbor and often an anchor in its revitalization.

Conclusion

Affordable housing for seniors is not just a matter of shelter, but a fundamental aspect of ensuring dignity, quality of life, and well being for our aging population. A majority (73%) of EHDOC residents today average in age from 66-70 (16.6%), 71-75 (22.2%), 76-80 (19.7%), 81-85 (14.3%), and 85 and older (14.5%). By recognizing the importance of providing affordable housing options for a growing number of seniors, addressing the challenges faced in the process, and implementing innovative solutions, EHDOC can create inclusive and supportive communities where older adults can thrive and age in place with grace.

Featured Photo: Steve Protulis Towers East/West – 119-Units, Miami Florida. <https://ehdoc.org/our-communities/>



July 18th

In loving memory of EHDOC's Chairman Emeritus and CWA's President Emeritus, Morton Bahr, we honor him annually on his birthday by heightening awareness to end homelessness across the country.

We Miss You Mr. Bahr
July 18, 1926 - July 30, 2019



Morton Bahr Homeless Awareness Day

Morton Bahr, former Chairman Emeritus of EHDOC, led the organization to develop affordable senior housing for many years. His contributions to the stability and growth of EHDOC are still making an impact today. In honor of Mr. Bahr, all EHDOC communities hold Homeless Awareness drives on July 18, his birthday.



Lloyd McBride Court & Lynn Williams Apartments *Millvale, PA / Pittsburgh, PA*

Our properties collected toiletry items and clothing to donate to Light of Life Mission in honor of Morton Bahr Homeless Awareness Day. The residents purchased items which added up to 10 boxes and bags! Light of Life Mission will make up "hygiene kits" with the donations to serve the needy in the community.



Palermo Lakes *Miami, FL*

Palermo Lakes residents and staff honored Mr. Morton Bahr with our Homeless Awareness Drive, collecting donations of men's, women's, and children's clothing and shoes. Our donation to Caring Places of Miami/ Miami Rescue Mission exceeded our expectations. We are so proud of our generous, thoughtful residents!



EHDOC Home Office *Plantation, FL*

EHDOC's Home Office executives and staff observed the Homeless Awareness Drive by filling collection boxes bound for the Homeless Voice organization.

Pine Grove Apartments *Pineville, LA*

Pine Grove residents collected and donated hygiene items to assist the homeless and needy in honor of Morton Bahr Homeless Awareness Day. Soap, shampoo, washcloths, toothpaste, toothbrushes, and mouthwash were taken to the Homeless Coalition in our area.



Torre Jesus Sanchez Erazo *Bayamón, Puerto Rico*

This year to honor Mr. Morton Bahr we donated items for children to the agency Hogar Ave Maria. We estimate that the number of items donated by our community benefited approximately 13 boys and girls. We symbolically show our Morton Bahr Train with the Charity Station as Torre Jesus and the Benefit Station as Hogar Ave Maria.



Clyde F. Simon Lakeview *Bath, NY*

For July's Morton Bahr observance, our generous residents at Clyde F. Simon Lakeview came together to collect items to create homelessness kits. These were packaged with care by our SOB (Spunky Old Broads) group and the Tenant Association. The kits were donated to the BILT (Building Independence for the Long Term) Program of Steuben County Social Services.



CAYETANA ROMERO BOOK DRIVE



Cayetana Romero is the late wife of EHDOC Board of Directors Member Edward Romero. Cayetana was instrumental in adding bookshelves and beginning a library of books for residents of Ed Romero Terrace, our community in Albuquerque, New Mexico. In her honor, EHDOC communities hold a book drive every March.



ROBERT SHARP TOWERS

Miami, FL

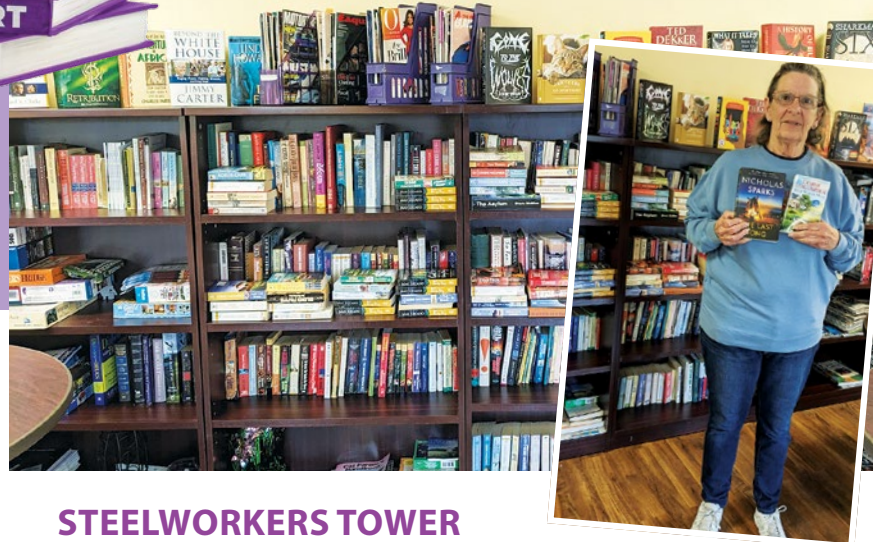
Every March, Robert Sharp Towers hosts the Cayetana Book Drive in honor of the late Cayetana Romero who loved books. The books are collected to provide other buildings and or organizations who may need books to complete their library. Everyone should be able to have access to great a book to read.



WORLEY'S PLACE

Jacksonville, AR

Worley's Place residents gathered books and donated them to the local library for the annual Cayetana Romero Book Drive.



STEELWORKERS TOWER

Pittsburgh, PA

Steelworkers Tower thanks Georgia Kotula for the donation of books for the Cayetana Book Drive. Georgia is a friend of the building and an avid book reader/collector. She was happy to donate from her collection when she heard of the book drive.

TEAMSTERS RESIDENCES

Maumee, OH

To pay homage to Cayetana, we first held a book drive within our community. We also received donations from another EHDOC community and then were able to create a library reading nook. Residents enjoyed a grand opening of the library reading nook with a ribbon cutting ceremony.



HOUSING WITH A HEART...

Health Seminar - The Benefits Of Hydration



Council House Suitland, MD

On July 30, 2024, Council House held a Health Seminar on the Benefits of Hydration for residents to learn the many benefits of drinking water. This is particularly important for aging individuals, especially in the summer season. The presentation was given by Chinomnso Ibe (RN) of Uniq Healthcare.

Mayfield Manor LP, II, III Canton, OH

Leanne Chievitz of JRC Adult Services visited Mayfield Manor to introduce residents to services provided by the agency. JRC activities include field trips, educational programs, painting and other crafts, breakfast, lunch and snack, social groups and cooking classes. JRC provided residents with a bag of take-away items and a healthy fruit skewer snack. Each resident signed up for a tour of their facility.



Robert A Georgine Towers Charlestown, MA



Fun "mind sharp" activities were presented on July 12, 2024 by the Massachusetts General Hospital Impact Center nursing students. The students presented an "Alzheimer's/ Dementia: Keeping the Mind Sharp" program that included

different types of activities for the residents to do, and many worked together in groups. The residents understood why it's so important to keep the mind active with reading, puzzles, games and more.



Stonington Arms Pawcatuck, CT

Stonington Arms staff and Sunshine Committee held a Fourth of July Picnic on July 3, 2024. There were 34 attendees, including residents and their family members, staff, two teachers, and five students from the Stonington School System's vocational program. Residents brought side dishes

and Maintenance Engineer Jorge Alves cooked hamburgers, hotdogs and chicken. Residents and students played corn hole. All reported that the food was delicious, and the company was even better!



Mildred & Claude Pepper Towers

Miami, FL

On May 30th, the band from Allapattah Middle School came to perform for our seniors. Among the many tunes were the songs "Oh Happy Day" and "Star Spangled Banner." Residents enjoyed seeing the students and hearing their musical talent. Refreshments were served to all attendees. The band will be coming back again soon to perform for our seniors.



South Boston Elderly

Boston, MA

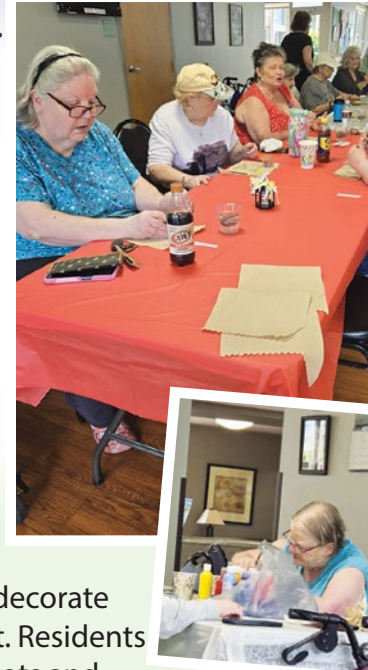
South Boston Elderly residents attended a presentation here hosted by David Casper, owner of Casper Funeral and Cremation Services. The residents were very happy to learn all the important information David presented, such as the different processes of burial and cremation, and how to plan out their wishes for their funeral. David helped them feel comfortable and provided informational brochures.



Mayfield Manor LP, II, III

Canton, OH

We recognized our seniors for Mother's Day by inviting Oak Street Health to join us. Representative Lyndi Graham, RN, shared education on the agency's services. She also donated supplies to decorate and plant a flowerpot. Residents painted their flowerpots and added dirt cubes which expanded in water. The ladies enjoyed picking out which flowers seeds to plant in their beautiful new pots.



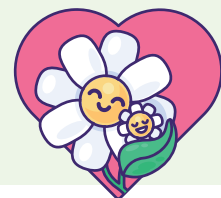
Torre Jesus Sanchez Erazo

Bayamón, PR

Mondays during May and June 2024 in the Activity Room, a group of residents gathered to learn craft skills and to create over 20 "canvas" mailboxes. This art is made with a squared plastic canvas, yarn and scissors. The mailboxes are placed on each resident's door to receive property news. We thank our former Community Manager Beatriz Mendiguren for donating the money for materials.



...EVERY DAY JOY AT EHD OC RESIDENCES





WORLD ELDER ABUSE AWARENESS DAY

Building Strong Support for Elders

Elder abuse includes any act of harm toward an older person and can also include neglect. World Elder Abuse Awareness Day (WEAAD) is commemorated each year on June 15th. Our caring professionals at EHDOD help our seniors learn more about elder abuse.

EHDOD Home Office Plantation, FL

The Home Office held our celebration to honor World Elder Abuse Awareness Day. We had pizza, side dishes, beautiful cake, and decorations. We also had a surprise visitor! The cute little teddy bear puppy belongs to staff member Mary Dinello. Her name is Faye, and she enjoyed honoring WEAAD and meeting everyone!



Savoy Heights Apartments Mamou, LA



In recognition of World Elder Abuse Awareness Day, Sheriff Charles Guillory joined us in the fight. We thank him for being our guest speaker. He

shared information and resources with our elderly to arm them with knowledge about recognizing and preventing abuse. Afterward, the Sheriff spoke to everyone as we all enjoyed a sweet dessert of ice cream-covered moon pies.

Spring Rock Park Leeds, ME

We held our WEAAD Event in June in the Community Room and invited Family Violence Project



speaker Nancy Provost and Sergeant Troy Young from Androscoggin Sherriff's Department to speak to our residents to educate and help them to understand how to get help in their community. Residents learned a great deal and felt more connected and protected.

South Boston Elderly Boston, MA

We combined our WEAAD Campaign/BBQ along with our Flag Raising Ceremony. We invited Sapphire Cypress-Trinh, Age Strong Commission Advocate, to talk to the residents about the different types of elder abuse and give



out information pamphlets. We also had a BBQ, with food donated by Sullivan's restaurant. Many residents made side dishes. We had our Flag Ceremony afterwards and State Representative David Biele came to help with the event. Our own resident Bernard Trager, a veteran, led the Flag Raising Ceremony. We had a wonderful day!

Stonington Arms Pawcatuck, CT

Stonington Arms staff and Sunshine Committee held a combined Flag Day/WEAAD picnic on June 14, 2024. Twenty-four residents attended and many brought a side dish to share to go with the hamburgers and hotdogs. Danielle Chesebrough, Stonington, CT, attended and met with the residents discussing the importance of Flag Day. We played WEAAD trivia with different scenarios of elder abuse, plus how to prevent and report it.



Older American's Month is recognized every May. The theme for 2024 was *Powered by Connection* – to emphasize that relationships and social connections have a deep impact on our health and well-being. EHDCC communities hold events to recognize the month. Please enjoy this sampling!

OLDER AMERICANS MONTH



POWERED BY CONNECTION: MAY 2024

J. Michael Fitzgerald

Chicago, IL

In honor of Older Americans Month, we proudly unveiled an art exhibit showcasing the remarkable talents of our residents. This vibrant display, featuring the creative works of those who participated in our Art and Drawing program, celebrated the extraordinary artistic skills, experiences, creativity, and enduring spirit of older Americans. Thank you to our Volunteer Instructor, Helen Park.



Anthony J. Delorenzo Towers

Bristol, CT



In May, more than 25 residents and caregivers had a fun afternoon socializing, eating ice cream and playing games such as Musical Hat to observe Older Americans Month. Raffles and small baskets were given as prizes. Residents said they had a fun afternoon!

Palermo Lakes

Miami, FL

For Older Americans Month, Palermo Lakes residents gathered for a fun art class sponsored by Viva Mas Med Center. Residents enjoyed a delicious snack and refreshments, art prizes, and raffles.



Chateau Cushnoc & John Marvin Tower

Augusta, ME



On May 15th, Chateau Cushnoc and John Marvin Tower residents celebrated Older Americans Day by enjoying hamburger soup, biscuits, and ice cream with all the fixings. Thank you to resident Linda

Brackley for providing the yummy biscuits! Everyone had a wonderful time enjoying the meal with their friends..



Leisure Lane Apartments

Rayne, LA

Leisure Lane held a 1950's Sock Hop for Older Americans Month. Residents and staff celebrated with treats including hot dogs, French fries, and tater tots, along with yummy root beer and Coke floats. 1950's music inspired a "Name That Tune" game, and we had fun decorations. Residents said it was the most fun they had had in years!

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Morse Manor

Morse, LA

We celebrated Older Americans' Month on May 24th by holding a Senior Prom. The Morse Manor library was transformed into our theme, "Enchantment Under the Sea". Residents enjoyed a finger food meal, and we thank local grocery store Morse Grocery for donating a huge red velvet cake! Senior Prom King Autry Colligan and Senior Prom Queen Jessica Racca were chosen by fellow residents.



Did You Know?



Organic



Low Fat

When we choose a food product off the shelf, the front label may claim Lite, Low Fat, Organic or other reassuring words to encourage your purchase. According to the National Institute of Aging, these labels may have little to do with how nutritious the food is. Here's how to understand some of those terms.

- **Light.** Light products are processed to reduce either calories or fat. Keep in mind some "light" products are simply watered down.
- **Low-fat, low-calorie, low-carb.** These foods have a legal limit to how many calories, grams of fat, or carbohydrates they can contain per serving. What if their serving size determination is very small? Beware that you may find it hard not to eat multiple servings in one sitting, thus consuming the same amount of fat, calories, and carbs as the regular version of the food.
- **Multigrain.** This sounds healthy but only means that a product contains more than one type of grain. Unless the product is marked as whole grain, the grains could be all refined grains, which may have lost important nutrients during processing.
- **Organic.** Products labeled organic must be produced without conventional pesticides, synthetic fertilizers, biotechnology, or ionizing radiation. Organic animals must be fed organic feed and not be injected with hormones or antibiotics. Know that organic foods may still have the same number of calories, fats, proteins, and carbs as a nonorganic food.

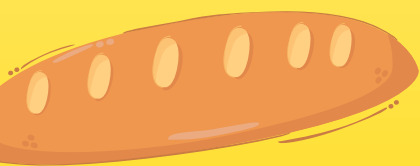
While these descriptions or terms are regulated by the FDA, others aren't, so always check the Nutrition Facts Label on the back to see if the product matches your healthy eating goals.



Light



Multigrain



<https://www.nia.nih.gov/health/healthy-eating-nutrition-and-diet/how-read-food-and-beverage-labels#labeling>



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Our Hearts*

STEVE PROTULIS

December 19, 1941 – April 19, 2021



EHDOC Communities Nationwide

Working to meet the need for senior housing across the country

Arkansas

Jacksonville Towers

Jacksonville
100 units | 9 story

Worley's Place

Jacksonville
44 units | 3 story

California

Dino Papavero Senior Centre

Fontana
150 units | 11 story

John Piazza Apartments

Fontana
59 units | 4 story

Minerva Manor

Fontana
63 units | 3 story

Phillip Murray Place

Bell
71 units | 5 story

Steel Plaza

Los Angeles
65 units | 11 story

Connecticut

Anthony DeLorenzo Towers LP

Bristol
90 units | 5 story

Stonington Arms

Pawcatuck
75 units | 2 story quadruplex

Florida

Council Towers North

Miami Beach
125 units | 12 story

Council Towers South

Miami Beach
125 units | 12 story

Mildred & Claude Pepper Towers

Miami
150 units | 12 story

Mosaico

Miami
271 units | 13 story

Palermo Lakes

Miami
109 units | 15 story

Robert Sharp Towers I

Miami Gardens
109 units | 7 story

Robert Sharp Towers II

Miami Gardens
109 units | 7 story

Steve Protulis Tower East

Miami
50 units | 5 story

Steve Protulis Tower West

Miami
69 units | 7 story

Illinois

Edward M. Marx Apartments

Chicago
31 units | 3 story

J. Michael Fitzgerald

Apartments
Chicago
63 units

North Park Village Apartments

Chicago
180 units | 2 & 3 story

Prete Apartments

Chicago
75 units | 4 story

Senate Apartments

Chicago
240 units | 4 story

Louisiana

Chateau des Amis

Ville Platte
49 units | 2 story

Leisure Lane

Rayne
19 units | garden style

Morse Manor

Morse
19 units | garden style

Pine Grove Apartments

Pineville
77 units | 2 story

Point Villa Apartments

Church Point
19 units | garden style

Riverbend Apartments

Mermentau
22 units | garden style

Savoy Heights Apartments

Mamou
54 units | 2 story

Sunshine Center

Leesville
37 units | garden style

Village de Memoire

Ville Platte
115 units | 2 story

Maine

Chateau Cushnoc

Augusta
60 units | 3 story

John Marvin Tower

Augusta
32 units | 3 story

La Maison Acadienne

Madawaska
62 units | 3 story

Montfort Heights

St. Agatha
21 units | 3 story

Spring Rock Park

Leeds
20 units | 2 story

Maryland/ Washington, DC

Council House

Marlow Heights
161 units | 9 story

Morton & Florence Bahr Towers

Washington
54 units | 5 story

Massachusetts

Robert A. Georgine

Charlestown
42 units | 6 story

South Boston

Boston
50 units | 3 story

New Hampshire

Earl M. Bourdon Centre

Claremont
80 units | 3 story

New Mexico

Edward Romero Terrace

Albuquerque
40 units | 4 story

New York

Clyde F. Simon Lakeview I

Bath
150 units | 5 story

Clyde F. Simon Lakeview II

Bath
39 units | 3 story

Ohio

Mayfield Manor LP

Canton
144 units | 6 story

Mayfield Manor II

Canton
66 units | 8 story

Mayfield Manor III

Canton
40 units | 4 story

Teamsters Residences

Maumee
52 units | 1 story quadruplex

William W. Winpisinger

Cleveland
42 units | 7 story

Pennsylvania

Hugh Carcella Apartments

Reading
120 units | 11 story

I.W. Abel Place

Pittsburgh
49 units | 6 story

Lloyd McBride Court

Milvale
58 units | 5 story

Lynn Williams Apartments

Pittsburgh
42 units | 5 story

Steelworkers Tower

Pittsburgh
79 units | 11 story

Puerto Rico

Torre Jesus Sanchez Erazo

Bayamon
100 units | 11 story

EHDOC Communities as of September 2024



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